

SEL NEWSLETTER

SOCIAL EMOTIONAL COMPETENCY: RESPONSIBLE DECISION MAKING



WHAT IS RESPONSIBLE DECISION MAKING

Responsible decision making is the ability to make caring and constructive choices about personal behavior and social interactions across diverse situations. This includes the capacity to consider safety concerns and to evaluate the benefit vs. the consequence of various actions for personal, social, and collective well-being.

DEVELOPING RESPONSIBLE DECISION MAKING

- Teach ethical reasoning to help students learn how choices they make have implications
 - Have discussions about ethical dilemmas that require students to see multiple perspectives
 - Introduce topics of empathy, fairness, and integrity
- Teach students about problem-solving techniques such as identifying the issue, brainstorming solutions, consider potential consequences, and evaluate the options
 - There are so many on the internet that you can look up
- Encourage students to reflect on past decisions and their outcomes through discussion or journaling. Here are some questions you can ask:
 - What's the last big mistake you made? What did you learn from it?
 - What happened? How did your decision impact the future?
- Give students the opportunity to choose from choices to make a decision so that they can practice considering pros and cons and what the impact would be of their decision

